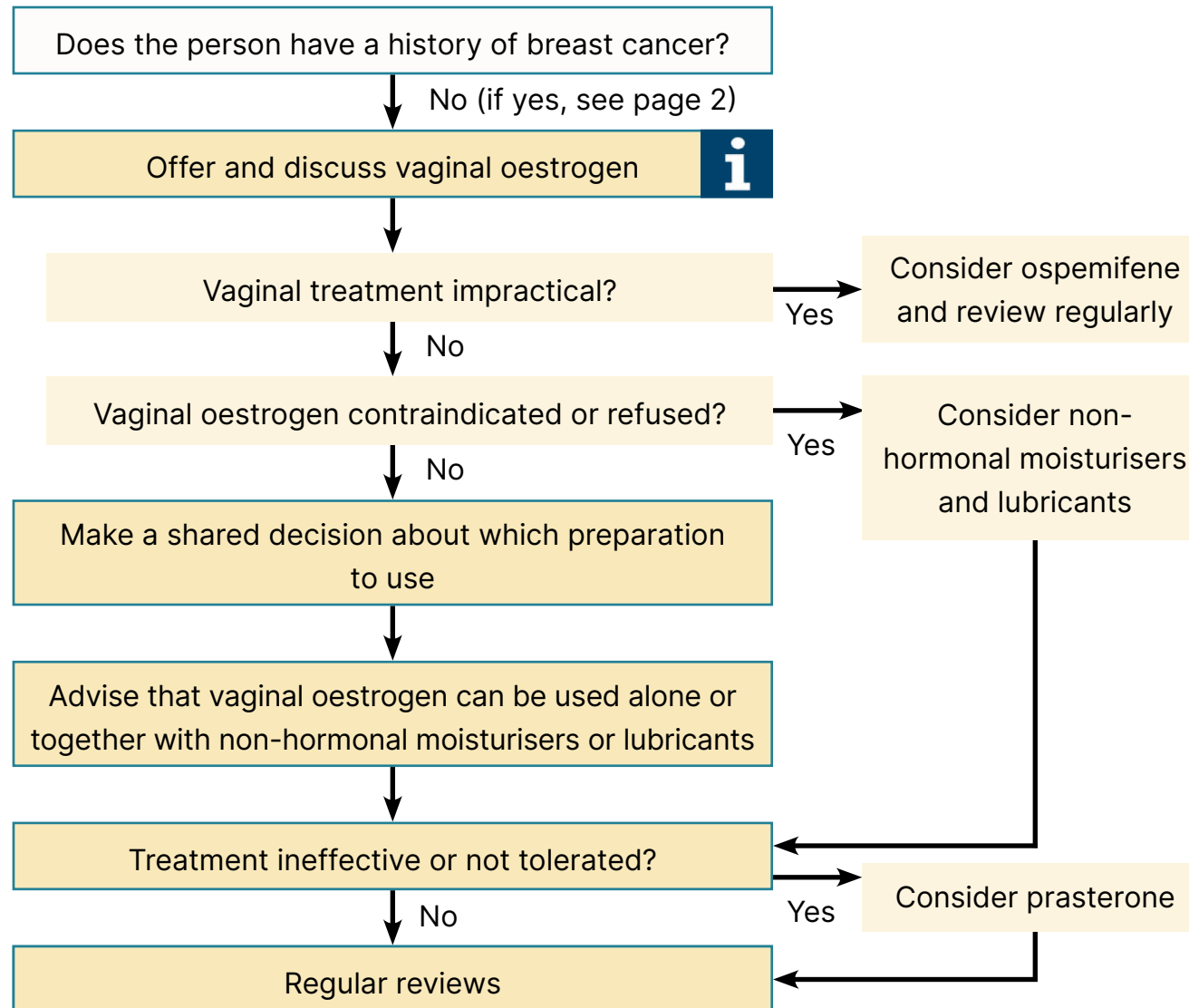


Genitourinary (GU) symptoms associated with menopause



For GU symptoms and overactive bladder, see [NICE's guideline on urinary incontinence and pelvic organ prolapse in women](#)

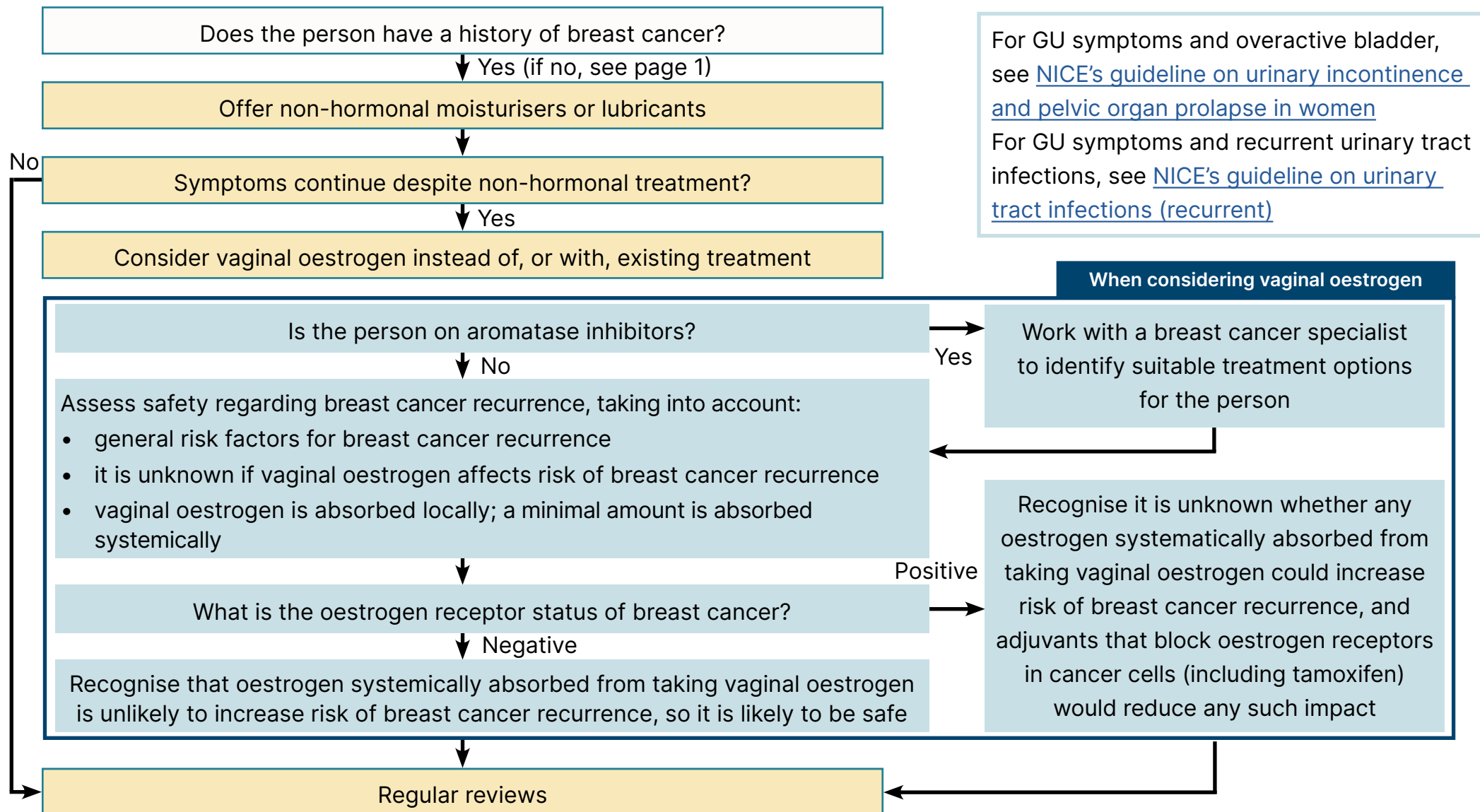
For GU symptoms and recurrent urinary tract infections, see [NICE's guideline on urinary tract infections \(recurrent\)](#)

- i** When discussing vaginal oestrogen, explain that:
- serious adverse effects are very rare
 - treatment should be regularly reviewed
 - symptoms often return when treatment is stopped, and
 - vaginal oestrogen is absorbed locally; a minimal amount is absorbed systemically



Do not offer vaginal laser treatment for GU symptoms associated with menopause unless as part of a randomised controlled trial (see [NICE's interventional procedures guidance on transvaginal laser therapy for urogenital atrophy](#))

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