

**Menopause: diagnosis and management (update) Guideline Committee  
Meeting 13**

**Date:** Monday 31 July 2023

**Location** Virtual meeting via Zoom

**Minutes:** **Final**

<b>Committee members present:</b>		
Gillian Baird		Present for notes 1-6
Martha Hickey		Present for notes 1-6
Haitham Hamoda		Present for notes 1-6
Kathy Abernethy		Present for notes 1-6
Louise Massey		Present for notes 1-6
Hayley Berry		Present for notes 1-6
Karina Bowkett		Present for notes 1-6
Eef Hogervorst		Present for notes 1-6
Nina Kuypers		Present for notes 1-6
Gillian Reeves		Present for notes 1-6
Jenny Van Heerden		Present for notes 1-6

<b>In attendance:</b>		
Katharina Dworzynski	Guideline Lead	Present for notes 1-6
Josh South	Project Manager	Present for notes 1-6
Qudsia Malik	Senior Systematic Reviewer	Present for notes 1-6
Agnesa Mehmeti	Systematic Reviewer	Present for notes 1-6
Nick O'Callaghan-Staples	Guideline Commissioning Manager	Present for notes 1-6
Katriona O'Donoghue	Systematic Reviewer	Present for notes 1-6
Stephen Murphy	Clinical Advisor	Present for notes 1-6
Shalmali Deshpande	Systematic Reviewer	Present for notes 1-6
James Hawkins	Senior Economist	Present for notes 1-6

<b>APOLOGIES:</b>		
1.	Sarah Hillman	GC member
2.	Lorraine Griffiths	Lay member
3.	Anne Armstrong	Co-opted GC member
4.	John Stevenson	Co-opted GC member

5.	Astrid Aregui	Senior Medical Editor, NICE
6.	Anita Sharma	GC member
7.	Esther Clifford	Project Manager, NICE

## 1. Welcome, housekeeping, aims of the day and apologies

The Chair welcomed the Committee members and attendees to the 13<sup>th</sup> guideline committee meeting on menopause: diagnosis and management (update).

The Chair asked the committee to review the minutes and the minutes were confirmed as accurate.

The Chair requested for any new declarations of interest to be shared with the group.

Name	Role	Description of interest	Type of interest	Decision taken
Dr Anne Armstrong	Co-opted member	Advisory Board, Roche	Direct – financial	Declare and participate.
Dr Anne Armstrong	Co-opted member	Education grant from Gilead to develop educational package for health professionals about endocrine side effects of breast cancer treatments	Indirect interests	Declare and participate.
Dr Anne Armstrong	Co-opted member	Travel expenses to attend breast cancer conference from Novartis	Indirect interests	Declare and participate.
Mr Haitham Hamoda	Topic adviser	Invited talk on menopause followed by open Q&A at number 10 Downing Street.	Direct – non-financial professional and personal interests	Declare and participate.
Professor Martha Hickey	Topic adviser	Publication <a href="https://pubmed.ncbi.nlm.nih.gov/36689129/">https://pubmed.ncbi.nlm.nih.gov/36689129/</a> Reinforcing or Disrupting Gender Affirmation: The Impact of Cancer on Transgender Embodiment and Identity	Direct – non-financial professional and personal interests	Declare and participate.
Professor Martha Hickey	Topic adviser	Publication <a href="https://pubmed.ncbi.nlm.nih.gov/36828870/">https://pubmed.ncbi.nlm.nih.gov/36828870/</a> Alternative methods to measure breast density in younger women.	Direct – non-financial professional and personal interests	Declare and participate.
Professor Martha Hickey	Topic adviser	Publication <a href="https://pubmed.ncbi.nlm.nih.gov/37045546/">https://pubmed.ncbi.nlm.nih.gov/37045546/</a> TUBectomy with delayed oophorectomy as an alternative to risk-reducing salpingo-oophorectomy in high-risk women to assess the safety of prevention: the TUBA-WISP II study protocol	Direct – non-financial professional and personal interests	Declare and participate.
Professor Martha Hickey	Topic adviser	Publication <a href="https://pubmed.ncbi.nlm.nih.gov/37092227/">https://pubmed.ncbi.nlm.nih.gov/37092227/</a> Depression in Mid- and Later-Life and Risk of Dementia in Women: A Prospective	Direct – non-financial professional and personal	Declare and participate.

Professor Martha Hickey	Topic adviser	Study within the Danish Nurses Cohort Publication <a href="https://pubmed.ncbi.nlm.nih.gov/37132126/">https://pubmed.ncbi.nlm.nih.gov/37132126/</a> Care after premenopausal risk-reducing salpingo-oophorectomy in high-risk women: Scoping review and international consensus recommendations	interests Direct – non-financial professional and personal interests	Declare and participate.
Professor Martha Hickey	Topic adviser	Board member of BreastScreen Victoria, Australia.	Direct – non-financial professional and personal interests	Declare and participate.
Professor Martha Hickey	Topic adviser	Provided comment for press release for the Australian Science and Media Centre relating to the following publication:  <a href="https://www.bmj.com/content/381/bmj-2022-072770">https://www.bmj.com/content/381/bmj-2022-072770</a>  Menopausal hormone therapy and dementia: nationwide, nested case-control study	Direct – non-financial professional and personal interests	Declare and participate.
Nina Kuypers	Lay member	Holland and Barrett Inclusivity and Menopause – Panellist. This does not include any reference NICE guidance updates.	Direct – non-financial professional and personal interests	Declare and participate.
Nina Kuypers	Lay member	NHS England Menopause User Engagement Group Meeting	Direct – non-financial professional and personal interests	Declare and participate.

## **2. New evidence related to dementia: Revisiting dementia recommendations**

Aghesa Mehmeti, Systematic Reviewer, Eef Hogervorst, Topic Group Lead and Katharina Dworzynski, Guideline Lead led on revisiting dementia recommendations.

The committee considered updating the dementia evidence report. There was a committee discussion and a revisit of recommendation wording.

## **3. Recommendation update in relation to NICE processes**

Katharina Dworzynski, Guideline Lead led on the recommendation update to NICE processes.

The committee discussed NICE processes in relation to evidence and clarity of wording and the impact on recommendations.

## **4. Lay member forum**

The committee members held a forum where discussions were made on key points from the revisited recommendations.

## **5. Alternative ways of presenting information in recommendations**

Katharina Dworzynski, Guideline Lead led on alternative ways of presenting information in recommendations.

The committee reviewed the proposed format.

<b>12. Next steps / summary of actions/ key dates and activities</b>
Gillian Baird, Committee Chair summarised the actions and next steps. The next meeting will be a post-consultation meeting, date TBC.

**Location of post-consultation meeting:** TBC